



Two Mustard Chicken

½ Cup Dijon Mustard

¼ Cup regular Mustard

¼ cup Honey

Boneless skinless chicken breast halves

Heat oven to 375. Grease 9 X 13 pan mix sauce and spread sauce on both sides of the chicken place in pan. Bake uncovered for 45 min or until juice is no longer pink and is 180 degrees at center of thickest part.

<http://www.lincolntent.com/GFCF-Poultry.html>