

Leftover Turkey Apple Stew

(Inspired by Apple Chicken Stew - Taste of Home Every Day Slow Cooker & One Dish Recipes)

- 4 Medium Potatoes peeled and cubed
- 4 carrots peeled and sliced in to thick slices
- 1 onion chopped
- 1 teaspoon salt
- 1/2 teaspoon thyme
- 1/2 teaspoon pepper
- 1/2 teaspoon caraway seed
- 3 cups of leftover cooked turkey
- 1 Large apple cored and sliced
- 1 1/4 cup apple juice
- 1 Tablespoon Apple Cider Vinegar
- 1 Bay leaf

Cut up vegetables and mix in the bottom of the crock pot. Sprinkle with half of the spices. Top with turkey and apple slices. sprinkle on remaining spices and bay leaf. Mix apple juice and vinegar and pour over the meat mixture. Cook on high for 4 or 5 hours until vegetables are tender.

http://www.lincolntent.com/GFCF-Poultry.html