Surprise Meringues:

3 Egg whites 1 cup sugar 1⁄4 t cream of tartar 1⁄2 t mint and vanilla Extract 60z chocolate chips



Variation #1

Beat 3 egg whites, 1/4 tsp. cream of tartar and 1/2 tsp. each Mint and Vanilla Extracts until stiff. Slowly add 1 cup sugar. Beat well. Add 6 oz. chocolate chips. Drop teaspoonfuls on a lightly greased baking sheet. Bake at 275 degree for 30 min.

Variation #1 Tried this because the kids don't really like mint 1 cup sugar ¹/₄ t cream of tartar ¹/₂ t almond and vanilla Extract 60z chocolate chips

Variation #2 Without chocolate chips 1 cup sugar ¹/₄ t cream of tartar ¹/₂ t almond and vanilla Extract

Variation #3 Lemon 1 cup sugar ¹/₄ t cream of tartar ¹/₂ t lemon and vanilla Extract

These are cheap, fast and easy! My favorite is the mint chocolate chip but I am heavily out voted. My mother-in-law gave me the original recipe off of a mint extract bottle

http://www.lincolntent.com/GFCF-Desserts.html