

Sloppy joe stuffed Potato skins

6 Potatoes

½ onion

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1 lb ground beef

1 cup tomato sauce

1 T worchestershire sauce (GF)

Bake potatoes. Brown meat and onions Stir in tomato and Worcestershire sauce and simmer. Cut potatoes in half and scoop out center fill with sloppy joe meat.

<http://www.lincolntent.com/GFCF-Beef.html>