

Salmon Patties

Serves 4

- 1 – 15oz can of pink salmon
- 1 – 15 oz can of creamed corn
- 2 eggs
- ½ Onion diced
- ½ red pepper diced
- 2 Tablespoons corn Meal
- ½ teaspoon garlic powder
- 2 Tablespoons Mayonnaise
- 1 teaspoon worcestershire sauce
- 1 Tablespoon Salsa
- ½ teaspoon black pepper
- 1 cup mashed potatoes



Drain the salmon and crush the bones. Mix all of the ingredients well. Heat a griddle to 350. Oil drop on the griddle to make 8 patties. Let brown on the first side for about 10 minutes. Flip over and cook on other side until done

<http://www.lincolntent.com/GlutenFreeCaseinFree-Meatless.html>

or

<http://www.lincolntent.com/GFCF-Fast.html>