

SHRIMP SCAMPI

Serves 6

2 1/2 lbs. shrimp, peeled, uncooked
1 c. GFCF margrine
1/4 c. olive oil
1 T. parsley
1 T lemon juice
1/2 tsp.. oregano
3/4 tsp. garlic powder
3/4 tsp. basil

Melt the margrine. Mix together all ingredients.. Allow the shrimp to marinate for 1/2 hour to 1 1/2 hours. .

Either

Heat Grill Pour into a 9 X13 disposable pan Turn part way through Grill until Shrimp are done. Takes about 10 minutes.

or

Preheat oven to 450. Pour into a 13 x 9-inch baking dish. Bake at 450 for 5 minutes, then turn on the broiler for 5 minutes.

Serve over GF pasta or rice

<http://www.lincolntent.com/GFCF-Meatless.html>