

Penne Skillet Chicken

1 pkg Best Choice French Onion Soup Mix (GF/CF)

1/4 cup olive oil

1/4 Cup Water

1 Tablespoon Lemon Juice

1/2 teaspoon Garlic Powder

2 lbs Boneless Skinless chicken breasts cut into cubes

12 oz to 16 oz package of California blend vegetables

1 cup spaghetti sauce

Box of Schar Penne Pasta



Mix soup mix, oil, water lemon juice and garlic powder in a large pan. Let sit for a few minutes while starting the water to boil for the penne pasta. Cook the vegetables . Bring the spice mixture to a boil stir in chicken pieces and brown. Add the spaghetti sauce and simmer for 10 minutes. Stir in the vegetables and pasta just before you serve.

<http://www.lincolntent.com/GlutenFreeCaseinFree-Chicken.html>