Mexican Chicken – 6 Servings

Serve with rice

Ingredients

• 3 cups diced cooked chicken Breasts

Taco Seasoning Mix

- 1 tablespoon chili powder
- 1/4 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 1/4 teaspoon crushed red pepper flakes
- 1/4 teaspoon dried oregano
- 1/2 teaspoon paprika
- 1 1/2 teaspoons ground cumin
- 1 teaspoon sea salt
- 1 teaspoon black pepper
- 1/4 cups Water
- 15 ounces Can Black Beans, drain and rinse
- 1 bag of Frozen Corn
- 1 can mexican tomatoes

Directions for same day

1. Mix cooked chicken, taco seasoning Mix, water, beans, and corn over medium high heat for 8 minutes.

Freezing Directions

- 1. Mix cooked chicken, taco seasoning, water, beans, and corn.
- 2. Place in gallon freezer bag. Label and freeze.

Serving Day Directions

1. Heat over medium high heat for 8 minutes or until heated through.