

## Mango Apple Salad

¼ cup lime Juice

¼ cup sugar

1 Apple

1 Mango

Core apple and slice. Cut slices in half. Peel Mango and cut flesh away from pit. Cut into slices. Stir mango and apple together in a bowl. Mix sugar and lime juice. Toss with fruit. If you use a real lime add some lime zest for color.

<http://www.lincolntent.com/GlutenFreeCaseinFree-Fruit.html>