

## Lemon or Lime Ice

2 Cup Water  
2 Cup Sugar  
1 T grated lemon or lime peel  
1 cup fresh lemon or lime juice  
Yellow or green food coloring

Heat 2 cups water and sugar to boiling.  
Reduce heat and simmer for 5 min.  
Stir in peel and juice. Cool 10 min  
Stir in food coloring till desired color

Pour into ice cream freezer and make ice cream

I have a cuisnart ice cream/yogurt maker  
– it has a bowl you keep in the freezer and  
use to make ice cream.



<http://www.lincolntent.com/GFCF-Desserts.html>

or

<http://www.lincolntent.com/GFCF-Fruit.html>