



#### HAROSET:

Combine 2 diced apples, small bag of slivered almonds, 1 T cinnamon, 1 T sugar  
Red wine. Blend together so looks like thick apple sauce, or mortar.

This recipe can be increased to serve any number; it should serve 6 to 10 people.

<http://www.lincolntent.com/GFCF-Fruit.html>