

Grilled Tilapia

3 Tablespoons Lemon Juice
2 Tablespoons Olive Oil
½ teaspoon minced garlic
1 teaspoon fresh thyme, minced
3 Tablespoons minced basil
½ teaspoon salt
¼ teaspoon pepper
4 lemon balm leaves
4 tilapia fillets (6 oz each)



Mix all ingredients except fish and lemon balm leaves. Take 4 pieces of foil. Brush tilapia with the seasoned oil mixture and place in tinfoil. Drizzle any remaining oil mixture over fish. Top with a lemon balm leaf. Fold up tinfoil and seal. Grill over medium heat for 5 minutes, Flip foil packets and grill another 5 minutes

<http://www.lincolntent.com/GlutenFreeCaseinFree-Meatless.html>