

Easy GFCF Chicken Gravy

Ingredients:

1/2 teaspoon seasoned salt

3/4 teaspoon paprika

3/4 teaspoon garlic-pepper blend

2 Tablespoons Soy Milk

1 Tablespoon GFCF Worcestershire sauce

4 cups water

4 packets Herb ox Sodium Free Instant Broth and Seasoning Chicken Bouillon

4 Tablespoons Cornstarch

Mix all ingredients except cornstarch and bring to a boil.

Mix cornstarch with equal parts cold water to create a nice paste. Slowly add cornstarch to liquid whisking briskly so it does not lump. Do not add too quickly. Whisk or stir until thickened.

<http://www.lincolntent.com/GFCF-Sauces.html>