

## Delicious Drumsticks

1 Cup GF Flour Mix  
2 t salt  
1 t paprika  
½ t pepper  
8 – 10 drumsticks  
½ C olive Oil

Put tinfoil on a cookie sheet and spray with oil  
Heat Oven to 425  
Mix Flour, salt paprika and pepper in a bowl  
Dip chicken in oil and roll in flour mixture to coat  
Place chicken on prepared pan  
Bake for 50 min until done



<http://www.lincolntent.com/GFCF-Poultry.html>