

## Chinese Chicken Bake

Makes 6 servings

- 2 tablespoons GFCF margarine, melted
- 1/2 teaspoon onion powder
- 5 cups Crisp Rice cereal
- 1 can (16 oz.) crushed pineapple, drained thoroughly
- 1 1/4 cups chopped celery
- 4 tablespoons chopped green onion
- 4 1/2 teaspoons soy sauce
- 4 cups chopped cooked chicken or turkey condensed cream of mushroom soup – recipe below



Preheat oven to 350°F. Combine margarine and onion powder.

Gradually add cereal, stirring until all pieces are evenly coated. Set aside.

Combine pineapple, chicken, soup, celery, green onion and sauce. Stir in 2 cup reserved cereal mixture. Pour into ungreased 9 X 13 pan. Sprinkle with remaining 3 cups cereal mixture.

Bake 30 minutes or until top is lightly browned.

Dairy Free Condensed Cream Soup Substitute 2 cans

4 T oil

6 T Cornstarch

2 C soy Mild

2 cup chicken broth

Salt and pepper to taste

1/2 t onion powder

1/2 t garlic powder

Dissolve cornstarch in small amount of cold milk

Heat milk oil, spices and chicken broth. Bring to a boil and add cornstarch mixture.

Stir until thickened

<http://www.lincolntent.com/GlutenFreeCaseinFree-Chicken.html>