



Bird's Nest

2 Large Potatoes
2 Tablespoons of oil
1/2 lb browned breakfast sausage
12 Eggs
1 teaspoon salt
1/2 teaspoon pepper

Grease a 12 cup muffin tin. Divide shredded potatoes between the muffin pans and brush with oil. Bake potatoes at 425 for 15 minutes or until brown. Reduce oven temperature to 350. Mix eggs, sausage and salt and pepper. Pour over potatoes and bake for 20 minutes or until eggs are firm. Slide a knife around the edge to remove from muffin tin.

<http://www.lincolntent.com/GFCF-Breakfast.html>