

## Barbecue Mustard Salmon

4) 4oz single servings salmon portions  
2 Tablespoons Mustard  
2 Tablespoons barbecue sauce

Preheat oven to 450 degrees  
Line cookie sheet with tinfoil. Place salmon skin side down on tinfoil. Mix mustard and barbecue sauce. Spread over the salmon pieces. Cook for 15 minutes.



<http://www.lincolntent.com/GlutenFreeCaseinFree-Meatless.html>