



Ambrosia Salad

1/4 Cup Soy Sour Cream

15 oz can mandarin oranges, drained

1/2 bag miniature marshmallows

1 cup Rich Whip

20 oz can pineapple chunks, drained

10 oz jar maraschino cherries, drained

1/4 cup chopped nuts (used pecans)

Beat rich whip till forms soft peaks, stir in sour cream. Fold in fruit and nuts.

<http://www.lincolntent.com/GFCF-Fruit.html>