

### **30 Minute Terriyaki Chicken**

**Serves 2 to 3**

1 lb cut up boneless chicken  
2 Tablespoon Cornstarch  
½ Cup Soy Sauce  
½ Cup Brown Sugar, Packed  
1 teaspoon Ground Ginger  
½ teaspoon Garlic Powder  
¼ Cup Honey

Cut the chicken up and brown.  
Cook for a short while till done  
and add water if needed.  
I cook 15 to 20 minutes.  
Add sauce and cook until thickend.  
Serve over rice.



<http://www.lincolntent.com/GlutenFreeCaseinFree-Chicken.html>